



# Southern Illinois Criminal Justice Training Program

Mobile Team Unit 15

## Training Announcement

Name of Training			Class ID#	Course ID#
ILETSB-CIT-Dispatch			032023	72601
Date(s) of Training	Time	Hours	Location	
May 9, 2024	8:30A.M.- 4:30 P.M.	8	MTU15 Headquarters 1740 Innovation Dr. Carbondale, IL 62903	

### Course Description

Telecommunicators will be able to choose an appropriate course of action in dealing with individuals with mental illnesses. Exposure to the classroom strategies will enhance the Telecommunicator's ability to determine an appropriate response to the situation at hand. Applying the skills addressed in class will help begin to de-escalate a crisis, and enhance officer/ responder safety as well as public safety, in turn reducing the potential for civil and criminal liability. There is no denying the high volume of such calls and the significant number of reoccurring encounters with people experiencing mental health issues.

### Course Objectives

Examine the behaviors associated with mental health disorders:

- Anxiety Disorder • Panic Disorder • Obsessive Compulsive Disorder (OCD) • Depression • Bipolar Disorder • Schizophrenia • Post- Traumatic Stress Disorder (PTSD) • Self-Injury Define 'Crisis' as it pertains to 911 and its impact on communication • Discuss active listening • Identify specific communication techniques with review of relevant 9-1-1 calls • Examine physiological effects of sedentary work, vicarious trauma, and self-care techniques • Discuss the needs of an individual & family members diagnosed with a mental health disorder through live and recorded presentations • Relate to someone with schizophrenia "hearing voices" using MP3 audio simulation • Identify the needs of an individual diagnosed with a mental health disorder through live and recorded presentations • Discuss medication side effects and reasons why people stop taking their medication • Discuss the role of a CIT officer • Explain available local, state and national resources

### Instructor

Patricia Doyle—Pat founded Vision for Change to advance the public's understanding and response to those with a mental health diagnosis. Pat has a degree in Social Behavioral Science, and as the Education Director at the National Alliance on Mental Illness (NAMI) of DuPage County she completed hundreds of presentations and created education programs that resulted in local, state, and national recognition. Over the past 10 years Pat has trained over 1,500 first responders, and for the past five years she has been an instructor at Crisis Intervention Team (CIT) training courses throughout northern Illinois. Pat was a consultant to the National Consortium on Stigma and Empowerment (NCSE), funded by the National Institute of Mental Health.

### Mandates Met by This Training

~NONE~

*This class is partially funded and certified by the Illinois Law Enforcement Training and Standards Board*